

**BS #flushyourmeds Scott A. Barry ;
More Display of How Psychiatry is BS ... ;
I use standard Kate Text Edit For Linux ... ;
Along w Gedit, Genie, Leafpad, any other ... ;**

**It is Quackery and not a Science ... ;
Progress Notes From my Psychiatrist ... ;
Psychiatry a BS Quackery based on Leftist
Liberal Communist Politics for Big Pharma ... ;
It is all opinions, politics, economics not a science it just somehow made it to medicine. ;
Neurology is a real science that studies the brain and Foxp2 Gene, not Psychiatry ... ;
The DSM and DSM committee are a great work of fiction to benifit nobody ever ... ;
They actually said this BS and Lied and Did
Perjury and made stuff up about their patients ... ;
Dr. Steve Lykins at 12/12/23 1430 Stephen Lykins you can look him up online also ... ;
May be brought in by his mother Priscilla or his father Stephen
Patient will not use Zoom "I do not trust the security of Zoom, I know a lot about
computers".**

**INITIAL CLINIC VISIT 5-19-2020 Typically seen every 3 months
ASSESSMENT**

**Diagnoses = Schizoaffective disorder -depressive type, Asperger syndrome
Overweight**

**SUBJECTIVE Patient presents on his own. He was driven by his father who stays out
in the parking lot. He reports feeling "okay, I met some people on the Internet and we
text to each other". He is guarded today. He discusses all of this in a very superficial
manner. He reports that he is getting along with others within his home (his mother,
father, and older brother) "we tend to keep to ourselves and do our own thing". He states
this is partially because of "different interests and political views". I asked him what his
political views are and he states "I am antizionist, antipsychiatry, and anti-Freemason,
but I don't want to go into it".**

**At his last visit he had discussed the fact that his mother was not chemotherapy. Today he
reports his mother has received a few bouts of chemotherapy along with some sort of
surgical intervention but he gives no details. It is not clear that he knows about her
cancer or treatment.**

**The patient reports that sometimes he has trouble sleeping because of "inner restlessness,
I think they call that akathisia, and I hear "noise camping", I am told you can record it
but I have not". He typically goes to sleep somewhere between 10 PM and midnight and
wakes up somewhere between 8 or 9 AM. Each night is different.**

**During the day he continues to help his father and his father's business. Sometimes this
means something as simple as riding in the car with his father and then pumping gas for
his father "because his back hurts". The patient continues to work with his father on a
very part-time basis. He also has income from loyalty sales of his self published books on
Amazon. He estimates that he makes \$30 per year with this.**

The patient lives with his mother, father and older brother. He points out that his brother is 18 months older. His brother also has a history of Asperger's. Like the patient, his brother also works with his father. He reports that he is getting along with everyone at home "I am able to stay in my own lane". (In the past he had felt persecuted by his parents). The patient has been prescribed Ativan to be given by his parents if they feel he is too agitated. He has not needed any of this since his last visit. He reports that if he is feeling agitated he will instead take a capsule of "lemon grass or cayenne".

He again reports he has been taking his Zyprexa and his Depakote.

At his 9-3-2020 visit his parents complaining about the amount of time he spent talking to himself or his voices, they were not sure. (This was just before he started the Zyprexa)

He reports "I decided not to get the coronavirus vaccine, I do not believe in vaccines, I got my childhood vaccines". He reports that his parents have also decided not to receive the coronavirus vaccine.

He is influenced by anti-psychiatry websites. He writes anti-psychiatry books and does anti-psychiatry presentations on YouTube. He has been advised to go to the NAMI.ORG website for unbiased information. At prior visits he suggested I refer to #Flushyourmeds on YouTube, he has presentations there and he has a number of self published books available on the web. They in general discuss anti-psychiatry and antiestablishment themes.

At his 9-3-2020 visit I was able to speak with his mother out of the parking lot. I suggested to her that she or his father should always come into the appointments with him. They have not done so.

Patient has a history of self-harm by cutting and burning, suicide attempts, destruction of property and attempting to poison his parents. He states that all those behaviors last occurred years ago. He denies today any thoughts of suicide or homicide and describes a reasonable plan for safety in the community. He agrees to go to the local emergency room or call 911 if he develops suicidal or homicidal intent. "I am not doing that, I am just doing day-to-day things".

He has signed a release of information for his parents.

In the future he could consider a trial of Latuda which would be covered by his Medicare. As noted at his first visit, he was much more forthcoming about his auditory hallucinations when hospitalized in 2014.

Sleep = from roughly 10 PM until 8 AM when he wakes up on his own, it is not clear if he takes naps he has a hard time with that question, he notes there are days where he stays up till 4 AM and then might sleep 12 hours

Appetite = 2 or 3 meals per day Exercise = he vaguely states that he goes for walks inside his home

He has been admonished that his medications are for him alone, they are not to be sold or shared. We discussed the need for safe storage of medications away from children and others (his medications are managed by his parents). We discussed the need to not drive after taking sedating medications (he does not drive). The patient's Washington Prescription Monitoring Program page was reviewed and checks out okay.

Patient counseled regarding getting along with his family.

--Scott A. Barry sudo passwd root user fdisk -l "yes" dd if= of= ... ;

This is the Footer EOF of this Writing Manuscript of stuff ... ;